Benefits of collaboration between practice and academia to improve mental health services

North of England Commissioning Support

Dr Shona Haining

Head of Research & Evidence

What does that actually mean?

Research & Evidence role

- Develop Research & Evaluations
- Advise on the key questions to measure service change
- Provide suggested methods and framework
- Advise on research & information governance
- Link with experts academics/ universities across NE&NC
- Develop / Support service bids to include evaluations
- Develop and support evaluation and research bids
- Advise staff doing further degrees on the evaluation /research element
- Collate and share research evidence- online, reports, events

Mental Health Evidence and Evaluation Work stream

.   **Only ICS theme with such a work stream on CNE at present**

- **Supporting evidence for 7 priority areas**

- **Aligned librarians/Knowledge managers**

- **In the conversations as they develop new services and ways of working**

- **Exemplar for all ICS work streams**

- **Evaluation framework developed**

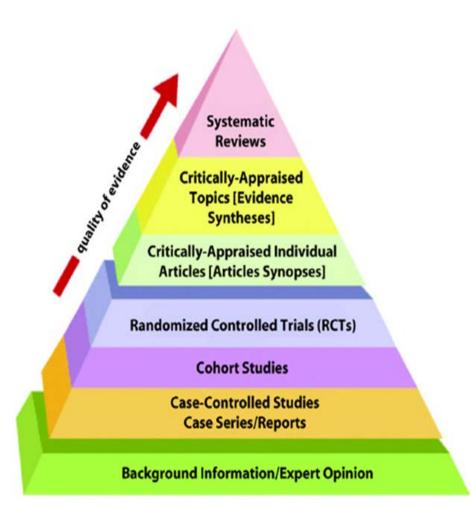Partners in improving local health

Evidence

For care to be of the best possible standard it needs to be based on **quality and relevant evidence**

Literature reviews are a very robust source of evidence. Identifying the available literature is a key first step to informing your approach to evaluation

- Online access to published systematic reviews can be found through Athens. You can set up an Athens account via the following links:
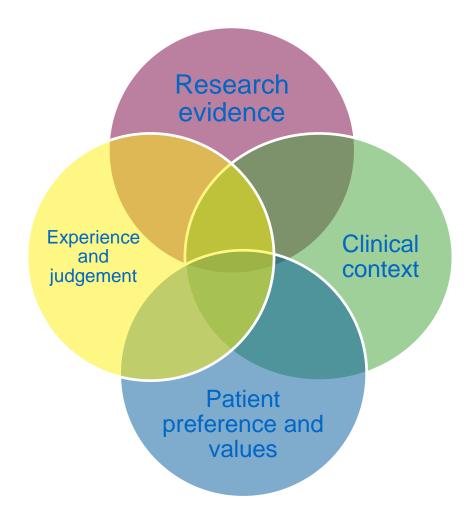
https://openathens.nice.org.uk

Evidence based decisions

Clinical Commissioning Groups (CCGs) have a duty to

Use the evidence from research in commissioning decision making

Evidence-Based Practice (EBP) requires *that decisions about health care are based on the best available, current, valid and relevant evidence. These decisions should be made by those receiving care, informed by the tacit and explicit knowledge of those providing care, within the context of available resources*

Service **T**ransformation by **E**vidence **M**obilisation

STEMclub

Librarians from all providers

NECS research

Public Health

Commissioners

Evaluation

Evaluation Cycle

Set out the desired outcomes and the broad policy parameters within which the programme should be implemented and, the existing evidence base.

Describe how the programme is supposed to work. Articulate, through a logic model, the proposed interventions and the causal chain linking them to the desired outcomes.

Measure impact through comparison with what would have occurred (the counterfactual)

Measure what changes are being made , how & what is happening as a result

Learn, adapt and improve

Advantages of academic and services working together

Research

- Align research with priorities, increase the funding opportunities and relevance

- Support development / co production , use service knowledge with a range of academic methods and expertise

- Build & sustain capacity and skills

- **Evaluations**

- Short term and inform changes happening now

- Feasibility for larger grants

Evidence sharing

- Impact

- Using evidence to inform decision making

- Delivered in an understandable

Partners in improving local health

Collaboration to improve Mental health services